

FDG Salmon Fly Course

Summer 03: Teal, Blue & Silver

and / or

Medicine Fly



Classic Sea trout patterns for Rivers and Lochs

Pattern / Materials

Hook	#9 - #12 Bronze DE Heavy Trout Fly Hook (eg: Kamasan B175)
Thread	Black 12/0
Tail	Golden Pheasant Tippetts (tied in on second bar) (can add sparkle) (Omit for Medicine)
Body	Medium Flat Silver Holographic Tinsel
Rib	Medium Oval Silver Tinsel
Throat Hackle	Cock Hackle – dyed Teal Blue – length can be to hook point
Wing	Cock Teal Feather Slips (or use Cock Gadwall Feather Slips for better contrast)
Head	Black or Globrite Red #4 to form neat bullet head and 2 coats clear varnish

Guidance Videos – Note that these videos illustrate techniques, but not the evaluation fly pattern.

<https://globalflyfisher.com/video/micro-tube-fly>

<https://www.youtube.com/watch?v=Rfa9SJTJa0M>

<https://www.youtube.com/watch?v=cYwrrniwCqM>

<https://www.youtube.com/watch?v=Q2Svh-oKu70>

Method

1. Mount hook in vice and tie on thread 3mm behind eye.
2. Wind silk in near touching turns to above point of barb.
3. Tie in GP tippetts at second black band, with waste full length of body. Length equal to body.
4. Tie in rib with tag full length body under hook shank.
5. Bind down tippetts, rib and body in smooth touching turns to wing position.
6. Tie in body tinsel and wind to tail and back in smooth touching turns. Tie in & trim.
7. Wind rib in five open turns. Tie in and trim.
8. Tie in throat hackle, length to touch hook point, tie off and trim.
9. Select and fold wing slips, length to near tip of tail.
10. Tie in wing, tie down and trim.
11. Form small bullet shaped head.
12. Two coats varnish Black 24 hours apart.
13. Tie off black thread and tie in Globrite red floss.
14. Form small bullet shaped head, whip finish and trim.
15. Two coats clear varnish, 24 hours apart.